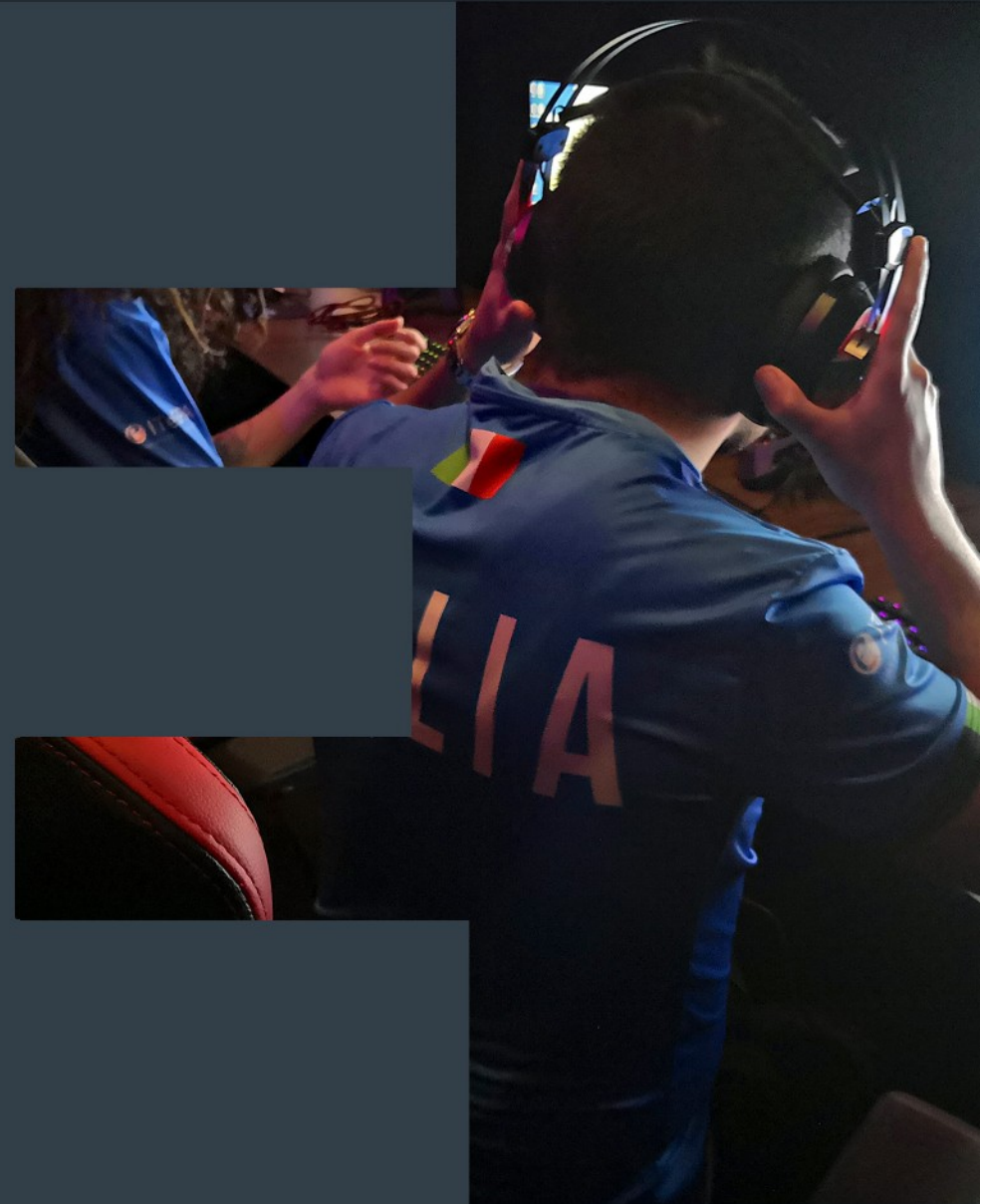




# ESPORTS ATHLETE

League of Legends

TRAINING PROGRAMME 2023



# ESPORTS ATHLETE

Start your career as an esports athlete

## OVERVIEW

An esports athlete is someone who plays videogames competitively on a professional level. In several countries esports are recognised as a sports discipline, so those who play esports competitively can be called “esports athletes”. The main difference with a video gamer is that an esports athlete is not a casual player but a player who has mastered their favourite game to such an extent that their skill makes them suitable to compete for a prize.

The esports athlete course is intended for those who are just starting or are new to esports and wish to launch their esports career effectively and within a reasonable timeframe. It consists of two modules (basic and advanced) each of 120 hours (10 hours per week with live classes). The esports athlete course allows you to train and get in touch with associations and clubs that are interested in esports athletes.

The training course is not only aimed to provide the knowledge to start a professional career in esports but it is an opportunity to create a line-up ready to compete for team titles. A complete 6-month training cycle that allows you to acquire all the knowledge to start your professional esports career and be in contact with companies in the industry. This is an unmissable opportunity for all those who want to get involved and start their career as an esports athlete.

## TRAINING COURSE

Basic Module + Advanced Module



1) Study



2) Practice



3) Training certificate

After training





# TRAINING PROGRAMME

## OUR EXPERTISE

The group sessions will be led by trainers who have direct national and international experience of the esports ecosystem. All our trainers are highly specialised in their subject domain and can offer you unparalleled training opportunities.

All our trainers are highly specialised with a very high level of subject knowledge and can offer unparalleled training advice.

With the experience gained over the years by our trainers, you will gain a unique overview of the subject and access useful practical advice.

All lessons will be live, allowing the trainee to interact and be followed along the training path. Theory, practice and mental coaching are the subjects that form the basis of the training programme.

## BASIC MODULE

### Introduction to esports

- Mechanics, roles and rules
- Basic strategies and tactics
- Creating a team
- Team play
- Participating in tournaments
- Esport psychology
- Internal tournament

## ADVANCED MODULE

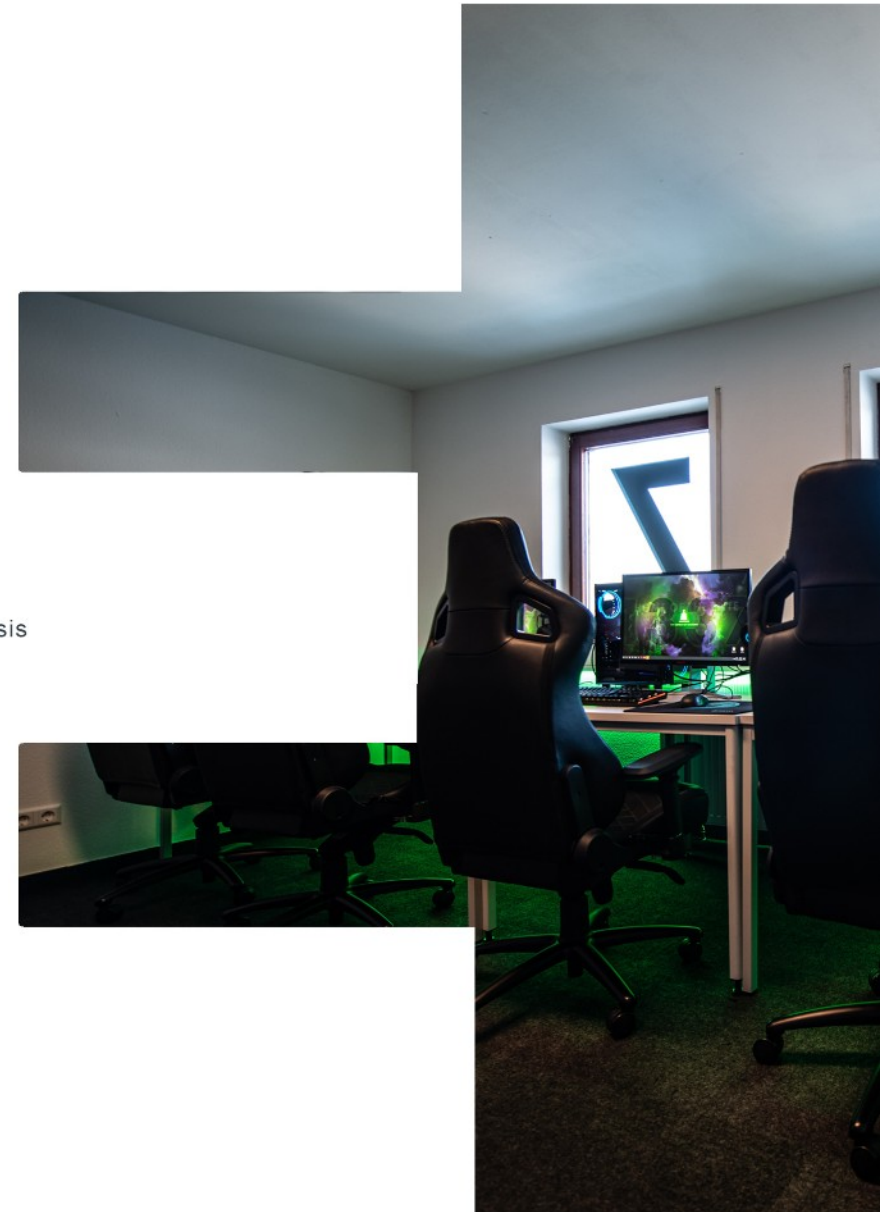
### Towards professionalism

- Pre- and post-competition study and analysis
- Advanced mechanics
- Advanced strategies and tactics
- Teams and roles
- Performance enhancement
- Physical and mental health
- Esports psychology
- Internal tournament

## FINAL STEPS

### Complete training

- Delivery of training certificate
- Training Bulletin
- Esport partner clubs
- Start of competitive activity



# SPECS AND TIMETABLE

## SPECIFICATIONS

### Target audience

- Esports enthusiasts interested in the profession of athletes esports.

### Pre-requisites

- Access to the basic module: minimum knowledge of League of Legends
- Access to advanced module: good knowledge of League of Legends (*pass entry exam required*)

### Modalities

- 2 modules, the first preparatory to the second:  
MODULE BASIC - 120 hours  
only to ELO iron, bronze, silver  
MODULE ADVANCED - 120 hours  
only to ELO platinum

### Format

- Face-to-face or online in video conference on Discord platform

### Training certificate

- The certification will also be issued on a blockchain platform as well.

### Enrolment costs

- The course registration fee is € 490 (VAT not included) per person to be paid within 7 days of the first day of the course.

### Public Register

- At the end of the course, participants will be entered in the public register of Esports Athlete.

## CALENDAR 2023

### January

- Start > 16 January
  - End > 17 April
- 

### May

- Start > 2 May
  - End > 1 August
- 

### September

- Start > 11 September
  - End > 11 December
- 





**For more information contact**  
[academy@independent-esports.com](mailto:academy@independent-esports.com)  
[www.independent-esports.com](http://www.independent-esports.com)

Head office

SWITZERLAND  
c/o Roux & Associes SA  
Espace des Remparts 10  
CH-1950 - Sion

